**JSNA – Start Well**

**Introduction**

What happens in pregnancy and early childhood impacts on physical and emotional health all the way through to adulthood. Supporting good maternal health is important for safe delivery and good birthweight and gives babies the best start in life. An infants earliest experiences, including how they attach and communicate to their main caregiver shapes main brain development and is profoundly important. Investment in early childhood, child and adolescent health and development, and preconception, pregnancy and childbirth care can yield a 10-to-1 benefit to cost ratio in health, social and economic benefits. It can also reduce rates of mental health disorders and noncommunicable diseases in later life.

There are a number of key areas highlighted by the Brent Start Well section

* The ethnic diversity of the population means that services need to be responsive to the needs of the population.
* Early pregnancy booking is vital in reducing both low weight babies and reducing risk of neonatal and infant mortality.
* Prevention measures need to focus on three main areas in the first instance:
	+ Reducing child excess weight, promoting healthy eating and physical activity
	+ Reducing the incidence of dental caries and promoting good oral health
	+ Reducing the risk of accidents and injuries
* Reducing the numbers of children presenting at A&E needs to be further explored and actions taken by health visitors e.g. by raising awareness of home treatment of minor ailments.

**Brent population**

In 2021, the Brent population was 339K compared to 311K in 2011. The population pyramids below display the population in Brent, showing population by age, gender and ethnicity. Due to rounding and the compression of some groups, the total for 2021 is less than that for the whole population.

To access census reports about the Brent population, see 2021 Census: [data and resources](https://data.brent.gov.uk/dataset/2ld85/2021-census-data-and-resources)

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| Page 6: Pyramid Chart |  |  |
| **Brent Population by age band and gender in 2011, Proportion (%)** |  |
|  |  |  |
| Age Band | Male | Female |
| Under 5 years | 3.3 | 3.2 |
| 5 to 9 years | 3.1 | 2.9 |
| 10 to 14 years | 3.1 | 2.9 |
| 15 to 19 years | 3.1 | 2.9 |
| 20 to 24 years | 3.8 | 3.7 |
| 25 to 29 years | 5.0 | 4.9 |
| 30 to 34 years | 4.7 | 4.6 |
| 35 to 39 years | 4.0 | 4.0 |
| 40 to 44 years | 3.6 | 3.7 |
| 45 to 49 years | 3.3 | 3.4 |
| 50 to 54 years | 3.1 | 3.2 |
| 55 to 59 years | 2.6 | 2.7 |
| 60 to 64 years | 2.1 | 2.3 |
| 65 to 69 years | 1.6 | 1.7 |
| 70 to 74 years | 1.3 | 1.5 |
| 75 years and over | 2.0 | 2.8 |
| Source: ONS |   |   |

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| Page 6: Pyramid Chart |  |  |
| **Brent Population by age band and gender in 2021, Proportion (%)** |  |
|  |  |  |
| Age Band | Male | Female |
| Under 5 years | 3.3 | 3.2 |
| 5 to 9 years | 3.1 | 2.9 |
| 10 to 14 years | 3.1 | 2.9 |
| 15 to 19 years | 3.1 | 2.9 |
| 20 to 24 years | 3.8 | 3.7 |
| 25 to 29 years | 5.0 | 4.9 |
| 30 to 34 years | 4.7 | 4.6 |
| 35 to 39 years | 4.0 | 4.0 |
| 40 to 44 years | 3.6 | 3.7 |
| 45 to 49 years | 3.3 | 3.4 |
| 50 to 54 years | 3.1 | 3.2 |
| 55 to 59 years | 2.6 | 2.7 |
| 60 to 64 years | 2.1 | 2.3 |
| 65 to 69 years | 1.6 | 1.7 |
| 70 to 74 years | 1.3 | 1.5 |
| 75 years and over | 2.0 | 2.8 |
| Source: ONS |   |   |

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| Page 6: Table |  |  |
| **Brent Population by ethnicity, Proportion (%)** |  |  |
|  |  |  |
| Ethnicity | 2011 | 2021 |
| Asian/Asian British | 34.1 | 32.9 |
| Black/African/Caribbean/Black British | 18.8 | 17.6 |
| Mixed/multiple ethnic groups | 5.1 | 4.9 |
| Other ethnic group | 5.8 | 10.0 |
| White | 36.3 | 34.7 |
| Source: ONS |   |   |

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| --- | --- | --- |
| Page 6: Table |  |  |
| **Brent Population by ethnicity subgroup, Proportion (%)** |  |
|  |  |  |
| Ethnicity | 2011 | 2021 |
| Asian/Asian British: Bangladeshi | 0.6 | 0.6 |
| Asian/Asian British: Chinese | 1.0 | 0.9 |
| Asian/Asian British: Indian | 18.6 | 19.6 |
| Asian/Asian British: Other Asian | 9.2 | 7.3 |
| Asian/Asian British: Pakistani | 4.6 | 4.5 |
| Black/African/Caribbean/Black British: African | 7.8 | 9.2 |
| Black/African/Caribbean/Black British: Caribbean | 7.6 | 6.3 |
| Black/African/Caribbean/Black British: Other Black | 3.4 | 2.1 |
| Mixed/multiple ethnic groups: Other Mixed | 1.6 | 1.9 |
| Mixed/multiple ethnic groups: White and Asian | 1.2 | 1.0 |
| Mixed/multiple ethnic groups: White and Black African | 0.9 | 0.9 |
| Mixed/multiple ethnic groups: White and Black Caribbean | 1.4 | 1.1 |
| Other ethnic group: Any other ethnic group | 2.1 | 4.7 |
| Other ethnic group: Arab | 3.7 | 5.3 |
| White: English/Welsh/Scottish/Northern Irish/British | 18.0 | 15.3 |
| White: Gypsy or Irish Traveller | 0.1 | 0.0 |
| White: Irish | 4.0 | 2.7 |
| White: Other White | 14.3 | 16.0 |
| White: Roma | 0.0 | 0.7 |
| Source: ONS |   |   |

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| Page 6: Table |  |  |  |  |  |  |
| **Brent Population by ethnicity subgroup and age in 2011, Proportion (%)** |  |  |  |  |
|  |  |  |  |  |  |  |
|  | Age (Years) |
| Ethnicity | U5 | 5-9 | 10-14 | 15-19 | 20-24 | 25-29 |
| Asian/Asian British: Bangladeshi | 0.05 | 0.05 | 0.05 | 0.04 | 0.04 | 0.06 |
| Asian/Asian British: Chinese | 0.03 | 0.02 | 0.03 | 0.04 | 0.12 | 0.15 |
| Asian/Asian British: Indian | 0.95 | 0.73 | 0.79 | 0.94 | 1.55 | 2.54 |
| Asian/Asian British: Other Asian | 0.75 | 0.66 | 0.63 | 0.66 | 0.75 | 0.92 |
| Asian/Asian British: Pakistani | 0.40 | 0.39 | 0.34 | 0.39 | 0.42 | 0.46 |
| Black/African/Caribbean/Black British: African | 0.83 | 0.80 | 0.78 | 0.69 | 0.58 | 0.61 |
| Black/African/Caribbean/Black British: Caribbean | 0.39 | 0.39 | 0.46 | 0.53 | 0.48 | 0.47 |
| Black/African/Caribbean/Black British: Other Black | 0.41 | 0.41 | 0.39 | 0.34 | 0.23 | 0.25 |
| Mixed/multiple ethnic groups: Other Mixed | 0.24 | 0.17 | 0.16 | 0.14 | 0.15 | 0.19 |
| Mixed/multiple ethnic groups: White and Asian | 0.19 | 0.12 | 0.10 | 0.10 | 0.11 | 0.12 |
| Mixed/multiple ethnic groups: White and Black African | 0.13 | 0.10 | 0.10 | 0.08 | 0.07 | 0.09 |
| Mixed/multiple ethnic groups: White and Black Caribbean | 0.16 | 0.15 | 0.15 | 0.15 | 0.14 | 0.14 |
| Other ethnic group: Any other ethnic group | 0.15 | 0.15 | 0.14 | 0.16 | 0.17 | 0.22 |
| Other ethnic group: Arab | 0.43 | 0.36 | 0.34 | 0.33 | 0.27 | 0.33 |
| White: English/Welsh/Scottish/Northern Irish/British | 1.08 | 0.81 | 0.73 | 0.81 | 1.31 | 1.75 |
| White: Gypsy or Irish Traveller | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |
| White: Irish | 0.08 | 0.10 | 0.09 | 0.09 | 0.15 | 0.25 |
| White: Other White | 0.95 | 0.58 | 0.47 | 0.46 | 1.22 | 2.58 |
| Source: ONS |   |   |   |   |   |   |

|  |  |
| --- | --- |
|  | Age (Years) |
| Ethnicity | 30-34 | 35-39 | 40-44 | 45-49 | 50-54 | 55-59 |
| Asian/Asian British: Bangladeshi | 0.06 | 0.05 | 0.04 | 0.02 | 0.03 | 0.02 |
| Asian/Asian British: Chinese | 0.12 | 0.08 | 0.07 | 0.06 | 0.07 | 0.07 |
| Asian/Asian British: Indian | 2.01 | 1.23 | 1.06 | 1.15 | 1.44 | 1.27 |
| Asian/Asian British: Other Asian | 0.86 | 0.94 | 0.73 | 0.63 | 0.50 | 0.37 |
| Asian/Asian British: Pakistani | 0.43 | 0.35 | 0.31 | 0.23 | 0.24 | 0.18 |
| Black/African/Caribbean/Black British: African | 0.55 | 0.58 | 0.68 | 0.55 | 0.41 | 0.23 |
| Black/African/Caribbean/Black British: Caribbean | 0.42 | 0.42 | 0.58 | 0.79 | 0.63 | 0.38 |
| Black/African/Caribbean/Black British: Other Black | 0.21 | 0.22 | 0.27 | 0.27 | 0.16 | 0.06 |
| Mixed/multiple ethnic groups: Other Mixed | 0.16 | 0.11 | 0.07 | 0.06 | 0.05 | 0.04 |
| Mixed/multiple ethnic groups: White and Asian | 0.11 | 0.08 | 0.06 | 0.06 | 0.03 | 0.02 |
| Mixed/multiple ethnic groups: White and Black African | 0.07 | 0.06 | 0.06 | 0.05 | 0.04 | 0.02 |
| Mixed/multiple ethnic groups: White and Black Caribbean | 0.09 | 0.07 | 0.06 | 0.08 | 0.05 | 0.03 |
| Other ethnic group: Any other ethnic group | 0.21 | 0.20 | 0.17 | 0.14 | 0.11 | 0.09 |
| Other ethnic group: Arab | 0.30 | 0.30 | 0.27 | 0.25 | 0.19 | 0.11 |
| White: English/Welsh/Scottish/Northern Irish/British | 1.40 | 1.34 | 1.27 | 1.25 | 1.10 | 0.96 |
| White: Gypsy or Irish Traveller | 0.01 | 0.01 | 0.01 | 0.01 | 0.00 | 0.00 |
| White: Irish | 0.20 | 0.19 | 0.27 | 0.28 | 0.27 | 0.37 |
| White: Other White | 2.48 | 1.60 | 1.03 | 0.72 | 0.62 | 0.40 |
| Source: ONS |   |   |   |   |   |   |

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| --- | --- |
|  | Age (Years) |
| Ethnicity | 60-64 | 65-69 | 70-74 | 75+ |
| Asian/Asian British: Bangladeshi | 0.01 | 0.01 | 0.02 | 0.01 |
| Asian/Asian British: Chinese | 0.07 | 0.04 | 0.03 | 0.03 |
| Asian/Asian British: Indian | 0.92 | 0.62 | 0.58 | 0.87 |
| Asian/Asian British: Other Asian | 0.31 | 0.20 | 0.12 | 0.15 |
| Asian/Asian British: Pakistani | 0.13 | 0.12 | 0.10 | 0.12 |
| Black/African/Caribbean/Black British: African | 0.18 | 0.13 | 0.12 | 0.12 |
| Black/African/Caribbean/Black British: Caribbean | 0.26 | 0.31 | 0.42 | 0.69 |
| Black/African/Caribbean/Black British: Other Black | 0.04 | 0.04 | 0.04 | 0.04 |
| Mixed/multiple ethnic groups: Other Mixed | 0.02 | 0.02 | 0.02 | 0.03 |
| Mixed/multiple ethnic groups: White and Asian | 0.02 | 0.02 | 0.01 | 0.02 |
| Mixed/multiple ethnic groups: White and Black African | 0.02 | 0.01 | 0.01 | 0.01 |
| Mixed/multiple ethnic groups: White and Black Caribbean | 0.02 | 0.02 | 0.02 | 0.04 |
| Other ethnic group: Any other ethnic group | 0.07 | 0.04 | 0.03 | 0.04 |
| Other ethnic group: Arab | 0.08 | 0.05 | 0.03 | 0.03 |
| White: English/Welsh/Scottish/Northern Irish/British | 1.03 | 0.81 | 0.65 | 1.66 |
| White: Gypsy or Irish Traveller | 0.00 | 0.00 | 0.00 | 0.00 |
| White: Irish | 0.43 | 0.41 | 0.30 | 0.48 |
| White: Other White | 0.33 | 0.24 | 0.20 | 0.37 |
| Source: ONS |   |   |   |   |

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| Page 6: Table |  |  |  |  |  |  |
| **Brent Population by ethnicity subgroup and age in 2021, Proportion (%)** |  |  |  |  |
|  |  |  |  |  |  |  |
|  | Age (Years) |
| Ethnicity | U5 | 5-9 | 10-14 | 15-19 | 20-24 | 25-29 |
| Asian/Asian British: Bangladeshi | 0.05 | 0.05 | 0.05 | 0.05 | 0.05 | 0.05 |
| Asian/Asian British: Chinese | 0.03 | 0.03 | 0.02 | 0.02 | 0.12 | 0.12 |
| Asian/Asian British: Indian | 0.98 | 0.98 | 0.91 | 0.90 | 1.11 | 1.56 |
| Asian/Asian British: Other Asian | 0.29 | 0.30 | 0.35 | 0.38 | 0.35 | 0.36 |
| Asian/Asian British: Pakistani | 0.42 | 0.49 | 0.55 | 0.54 | 0.50 | 0.51 |
| Black/African/Caribbean/Black British: African | 0.56 | 0.70 | 0.92 | 0.91 | 0.80 | 0.69 |
| Black/African/Caribbean/Black British: Caribbean | 0.21 | 0.25 | 0.30 | 0.35 | 0.40 | 0.41 |
| Black/African/Caribbean/Black British: Other Black | 0.18 | 0.18 | 0.22 | 0.22 | 0.15 | 0.14 |
| Mixed/multiple ethnic groups: Other Mixed | 0.17 | 0.14 | 0.13 | 0.09 | 0.10 | 0.09 |
| Mixed/multiple ethnic groups: White and Asian | 0.11 | 0.10 | 0.09 | 0.08 | 0.08 | 0.07 |
| Mixed/multiple ethnic groups: White and Black African | 0.11 | 0.11 | 0.11 | 0.12 | 0.12 | 0.11 |
| Mixed/multiple ethnic groups: White and Black Caribbean | 0.23 | 0.22 | 0.20 | 0.18 | 0.19 | 0.17 |
| Other ethnic group: Any other ethnic group | 1.00 | 0.84 | 0.75 | 0.76 | 1.09 | 1.35 |
| Other ethnic group: Arab | 0.05 | 0.03 | 0.05 | 0.07 | 0.09 | 0.13 |
| White: English/Welsh/Scottish/Northern Irish/British | 0.03 | 0.02 | 0.03 | 0.03 | 0.08 | 0.13 |
| White: Gypsy or Irish Traveller | 0.76 | 0.66 | 0.68 | 0.62 | 1.21 | 1.99 |
| White: Irish | 0.50 | 0.49 | 0.52 | 0.49 | 0.43 | 0.36 |
| White: Other White | 0.22 | 0.26 | 0.28 | 0.28 | 0.37 | 0.40 |
| White: Roma | 0.02 | 0.01 | 0.02 | 0.01 | 0.08 | 0.13 |
| Source: ONS |   |   |   |   |   |   |

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| --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |
|  | Age (Years) |
| Ethnicity | 30-34 | 35-39 | 40-44 | 45-49 | 50-54 | 55-59 |
| Asian/Asian British: Bangladeshi | 0.06 | 0.06 | 0.06 | 0.04 | 0.04 | 0.02 |
| Asian/Asian British: Chinese | 0.11 | 0.08 | 0.08 | 0.09 | 0.06 | 0.05 |
| Asian/Asian British: Indian | 1.83 | 1.84 | 1.54 | 1.28 | 1.11 | 1.16 |
| Asian/Asian British: Other Asian | 0.36 | 0.35 | 0.33 | 0.30 | 0.27 | 0.20 |
| Asian/Asian British: Pakistani | 0.52 | 0.54 | 0.56 | 0.62 | 0.58 | 0.45 |
| Black/African/Caribbean/Black British: African | 0.57 | 0.59 | 0.58 | 0.61 | 0.74 | 0.54 |
| Black/African/Caribbean/Black British: Caribbean | 0.36 | 0.32 | 0.32 | 0.36 | 0.51 | 0.73 |
| Black/African/Caribbean/Black British: Other Black | 0.11 | 0.11 | 0.10 | 0.09 | 0.17 | 0.19 |
| Mixed/multiple ethnic groups: Other Mixed | 0.09 | 0.06 | 0.04 | 0.04 | 0.04 | 0.03 |
| Mixed/multiple ethnic groups: White and Asian | 0.06 | 0.06 | 0.06 | 0.04 | 0.08 | 0.04 |
| Mixed/multiple ethnic groups: White and Black African | 0.08 | 0.06 | 0.06 | 0.06 | 0.05 | 0.05 |
| Mixed/multiple ethnic groups: White and Black Caribbean | 0.18 | 0.14 | 0.13 | 0.09 | 0.08 | 0.05 |
| Other ethnic group: Any other ethnic group | 1.23 | 1.04 | 0.93 | 0.93 | 1.01 | 0.97 |
| Other ethnic group: Arab | 0.14 | 0.12 | 0.13 | 0.15 | 0.25 | 0.25 |
| White: English/Welsh/Scottish/Northern Irish/British | 0.12 | 0.09 | 0.07 | 0.05 | 0.05 | 0.02 |
| White: Gypsy or Irish Traveller | 2.16 | 1.91 | 1.71 | 1.35 | 1.01 | 0.61 |
| White: Irish | 0.39 | 0.41 | 0.39 | 0.34 | 0.31 | 0.25 |
| White: Other White | 0.43 | 0.38 | 0.39 | 0.39 | 0.35 | 0.27 |
| White: Roma | 0.12 | 0.09 | 0.07 | 0.05 | 0.04 | 0.00 |
| Source: ONS |   |   |   |   |   |   |

|  |  |
| --- | --- |
|  | Age (Years) |
| Ethnicity | 60-64 | 65-69 | 70-74 | 75+ |
| Asian/Asian British: Bangladeshi | 0.01 | 0.01 | 0.00 | 0.00 |
| Asian/Asian British: Chinese | 0.05 | 0.06 | 0.05 | 0.04 |
| Asian/Asian British: Indian | 1.29 | 1.07 | 0.75 | 1.21 |
| Asian/Asian British: Other Asian | 0.19 | 0.15 | 0.10 | 0.20 |
| Asian/Asian British: Pakistani | 0.34 | 0.23 | 0.20 | 0.20 |
| Black/African/Caribbean/Black British: African | 0.36 | 0.21 | 0.14 | 0.23 |
| Black/African/Caribbean/Black British: Caribbean | 0.52 | 0.29 | 0.19 | 0.75 |
| Black/African/Caribbean/Black British: Other Black | 0.12 | 0.04 | 0.03 | 0.05 |
| Mixed/multiple ethnic groups: Other Mixed | 0.01 | 0.01 | 0.00 | 0.00 |
| Mixed/multiple ethnic groups: White and Asian | 0.02 | 0.00 | 0.00 | 0.00 |
| Mixed/multiple ethnic groups: White and Black African | 0.03 | 0.01 | 0.00 | 0.00 |
| Mixed/multiple ethnic groups: White and Black Caribbean | 0.05 | 0.02 | 0.01 | 0.00 |
| Other ethnic group: Any other ethnic group | 0.76 | 0.67 | 0.67 | 1.26 |
| Other ethnic group: Arab | 0.22 | 0.28 | 0.27 | 0.51 |
| White: English/Welsh/Scottish/Northern Irish/British | 0.01 | 0.00 | 0.00 | 0.00 |
| White: Gypsy or Irish Traveller | 0.44 | 0.26 | 0.21 | 0.37 |
| White: Irish | 0.16 | 0.12 | 0.07 | 0.06 |
| White: Other White | 0.22 | 0.16 | 0.12 | 0.15 |
| White: Roma | 0.00 | 0.00 | 0.00 | 0.00 |
| Source: ONS |   |   |   |   |

**Life expectancy**

Life expectancy is an estimate of the average number of years a newborn baby would survive if he or she experienced the age-specific mortality rates specific to Brent. It is a good summary indicator of the population’s health and is linked to social circumstances and influenced by deprivation experience throughout life. Healthy life expectancy adds a dimension of quality of life to estimates of life expectancy. As life expectancy continues to increase, it is important to ask whether these additional years in life are being spent in favourable health states or prolonged poor health and dependency.

A girl born in Brent can expect to live until 83.9 years, with 68.6 years of good health. This represents more years in good health than London and England averages and better life expectancy too. A boy born in Brent have a life expectancy of 78.2 years, with 62.6 years of good health, both of which are lower than the London average. Both life expectancy and healthy life expectancy differ between areas of high and low deprivation. Female and male life expectancy is 6.4 years higher respectively for those living in the least deprived areas compared to the most deprived areas in Brent, shown by the Inequality in Life Expectancy by Birth.

For more information on life expectancy at ward level, please refer to the ward profiles: [Ward profiles](https://app.powerbi.com/view?r=eyJrIjoiNTZjOTdlYTItZjIyNi00ZGZlLWE4MWUtYWI1MGM1NTlkZTI5IiwidCI6IjIxODc4N2FiLTM1N2YtNGQ3YS1hZjljLTU4NzBlM2QyZWI4MCIsImMiOjh9&pageName=ReportSection10652085cb335694d32e&pageName=ReportSection9ae0b470a4ec51705530)

Source: [PHE Fingertips - Life expectancy](https://fingertips.phe.org.uk/search/life%20expectancy#page/1/gid/1/pat/6/ati/402/are/E09000005/iid/90362/age/1/sex/1/cat/-1/ctp/-1/yrr/3/cid/4/tbm/1)﻿

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| Page 7: Bar Chart |  |  |
| **Inequality in Life expectancy at birth in Brent, age (years)** |  |
| Time Period | Male | Female |
| 2010 - 2012 | 5.3 | 4 |
| 2011 - 2013 | 5 | 4.7 |
| 2012 - 2014 | 5.7 | 5.8 |
| 2013 - 2015 | 5.8 | 4.4 |
| 2014 - 2016 | 6.3 | 3.7 |
| 2015 - 2017 | 6.1 | 3.9 |
| 2016 - 2018 | 6.9 | 6.4 |
| 2017 - 2019 | 6.3 | 6.5 |
| 2018 - 2020 | 6.4 | 6.4 |
| Source: PHE Fingertips |   |   |

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| Page 7: Line Chart |
| **Life expectancy at birth, age (years)** |

|  |  |  |  |
| --- | --- | --- | --- |
|  | Brent | London | England |
| Time Period | Male | Female | Male | Female | Male | Female |
| 2001 | 75.8 | 81.4 | 75.7 | 80.7 | 76.0 | 80.6 |
| 2002 | 75.6 | 81.4 | 76.0 | 80.9 | 76.2 | 80.8 |
| 2003 | 76.7 | 81.9 | 76.2 | 80.8 | 76.4 | 80.7 |
| 2004 | 77.2 | 83.0 | 76.9 | 81.5 | 76.9 | 81.3 |
| 2005 | 77.7 | 83.0 | 77.3 | 81.8 | 77.2 | 81.4 |
| 2006 | 78.8 | 83.4 | 77.6 | 82.2 | 77.5 | 81.8 |
| 2007 | 77.9 | 83.9 | 78.0 | 82.5 | 77.8 | 81.9 |
| 2008 | 78.5 | 83.2 | 78.2 | 82.5 | 78.0 | 81.9 |
| 2009 | 79.4 | 83.6 | 78.7 | 83.1 | 78.4 | 82.5 |
| 2010 | 79.3 | 83.9 | 79.1 | 83.2 | 78.8 | 82.6 |
| 2011 | 80.0 | 84.7 | 79.6 | 83.8 | 79.2 | 83.0 |
| 2012 | 79.7 | 84.0 | 79.8 | 83.8 | 79.3 | 83.0 |
| 2013 | 79.8 | 84.6 | 80.1 | 84.0 | 79.4 | 83.1 |
| 2014 | 80.3 | 85.4 | 80.5 | 84.2 | 79.6 | 83.3 |
| 2015 | 79.7 | 84.8 | 80.0 | 83.9 | 79.4 | 83.0 |
| 2016 | 80.6 | 85.2 | 80.7 | 84.5 | 79.6 | 83.2 |
| 2017 | 80.8 | 85.0 | 80.7 | 84.5 | 79.7 | 83.3 |
| 2018 | 81.1 | 85.2 | 80.7 | 84.5 | 79.6 | 83.2 |
| 2019 | 82.2 | 86.3 | 81.3 | 85.0 | 80.0 | 83.6 |
| 2020 | 78.2 | 83.9 | 79.0 | 83.5 | 78.7 | 82.6 |
| Source: PHE Fingertips |   |   |   |   |   |   |

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| Page 7: Line Chart |
| **Healthy Life expectancy at birth, age (years)** |

|  |  |  |  |
| --- | --- | --- | --- |
|  | Brent | London | England |
| Time Period | Male | Female | Male | Female | Male | Female |
| 2009 - 2011 | 64.7 | 64.1 | 62.7 | 63.8 | 63.0 | 64.0 |
| 2010 - 2012 | 62.2 | 64.2 | 63.1 | 63.6 | 63.2 | 64.0 |
| 2011 - 2013 | 62.8 | 63.2 | 63.4 | 63.7 | 63.2 | 63.8 |
| 2012 - 2014 | 64.1 | 66.3 | 63.8 | 63.8 | 63.4 | 63.9 |
| 2013 - 2015 | 64.1 | 65.4 | 64.1 | 64.1 | 63.4 | 64.1 |
| 2014 - 2016 | 64.9 | 66.5 | 63.5 | 64.4 | 63.3 | 63.8 |
| 2015 - 2017 | 62.4 | 65.0 | 63.9 | 64.6 | 63.4 | 63.8 |
| 2016 - 2018 | 64.0 | 68.9 | 64.2 | 64.4 | 63.4 | 63.9 |
| 2017 - 2019 | 61.6 | 71.4 | 63.5 | 64.0 | 63.2 | 63.5 |
| 2018 - 2020 | 62.6 | 68.6 | 63.8 | 65.0 | 63.1 | 63.9 |
| Source: PHE Fingertips |   |   |   |   |   |   |

**Low birth weight**

The early identification of need and vulnerable mothers, aims to ensure that pregnancies are monitored and supported appropriately, with additional input required for high-risk pregnancies. Access to antenatal care affects how readily these needs are identified and addressed and can have a profound impact on adverse outcomes such as low birth weight and infant mortality rates, as well as feeding choices. Low birth weight (under 2,500 grams) is associated with an increased risk of infant mortality, developmental problems in childhood and poorer health in later life. The graphs below, for Low birth weight and very low birth weight show that the trends for proportion of births categorised as these remain higher in Brent, than the London and England averages. Low birth weight has been known to be associated with those from the minority ethnic groups such as Indian – Asian and also deprivation.

For more information on low birth weight at ward level, please refer to the ward profiles: [Ward profiles](https://app.powerbi.com/view?r=eyJrIjoiNTZjOTdlYTItZjIyNi00ZGZlLWE4MWUtYWI1MGM1NTlkZTI5IiwidCI6IjIxODc4N2FiLTM1N2YtNGQ3YS1hZjljLTU4NzBlM2QyZWI4MCIsImMiOjh9&pageName=ReportSection10652085cb335694d32e&pageName=ReportSectionb3521987bde524a1631a)

Source: [PHE Fingertips - Low Birth weight](https://fingertips.phe.org.uk/search/low%20birth%20weight#page/1/gid/1/pat/6/ati/402/are/E09000005/iid/20101/age/235/sex/4/cat/-1/ctp/-1/yrr/1/cid/4/tbm/1)

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| Page 8: Line Chart |  |  |  |
| **Low birth weight for all babies, proportion (%)** |  |  |  |
| Time Period | Brent | London | England |
| 2010 | 8.3 | 7.3 | 7.8 |
| 2011 | 8.6 | 7.4 | 8.0 |
| 2012 | 9.0 | 7.3 | 7.9 |
| 2013 | 8.4 | 7.4 | 7.9 |
| 2014 | 7.7 | 7.4 | 7.7 |
| 2015 | 8.0 | 7.4 | 7.6 |
| 2016 | 8.5 | 7.3 | 7.6 |
| 2017 | 8.3 | 7.4 | 7.7 |
| 2018 | 9.4 | 7.4 | 7.7 |
| 2019 | 8.5 | 7.2 | 7.6 |
| 2020 | 8.3 | 6.9 | 7.5 |
| Source: PHE Fingertips |   |   |   |

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| Page 8: Line Chart |  |  |  |
| **Low birth weight for term babies, proportion (%)** |  |  |  |
| Time Period | Brent | London | England |
| 2010 | 3.5 | 3.1 | 2.9 |
| 2011 | 4.3 | 3.2 | 2.8 |
| 2012 | 4.0 | 3.1 | 2.8 |
| 2013 | 3.6 | 3.2 | 2.8 |
| 2014 | 3.6 | 3.2 | 2.9 |
| 2015 | 3.6 | 3.0 | 2.8 |
| 2016 | 3.1 | 3.0 | 2.8 |
| 2017 | 3.1 | 3.0 | 2.8 |
| 2018 | 3.9 | 3.1 | 2.9 |
| 2019 | 3.6 | 3.2 | 2.9 |
| 2020 | 3.6 | 3.3 | 2.9 |
| Source: PHE Fingertips |   |   |   |

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| Page 8: Line Chart |  |  |  |
| **Very low birth weight for all babies, proportion (%)** |  |  |  |
| Time Period | Brent | London | England |
| 2010 | 1.6 | 1.6 | 1.4 |
| 2011 | 1.6 | 1.6 | 1.4 |
| 2012 | 1.7 | 1.5 | 1.3 |
| 2013 | 1.6 | 1.5 | 1.3 |
| 2014 | 1.3 | 1.4 | 1.3 |
| 2015 | 1.0 | 1.3 | 1.3 |
| 2016 | 1.6 | 1.2 | 1.2 |
| 2017 | 1.5 | 1.2 | 1.1 |
| 2018 | 1.6 | 1.2 | 1.2 |
| 2019 | 1.4 | 1.2 | 1.1 |
| 2020 | 1.3 | 1.1 | 1.0 |
| Source: PHE Fingertips |   |   |   |

**Oral health**

Tooth decay is a predominantly preventable disease. High levels of consumption of sugar containing food and drink is also a contributory factor to other issues of public health concern in children – for example, childhood obesity.

The graphs below show hospital admissions for dental carries is high in Brent, compared to London and England showing the rate per 1,000 which means that out of 1,000 children Brent has around 380 admissions per year, compared to 280 for London and 220 for England averages. The percentage of 5 year olds with obvious dental decay is 40.1% shown below. Brent also has one of the highest averages of decayed or missing teeth (dmft) out of all the London Boroughs, and continues to have one of the highest proportions of children with one or more decayed or missing or filled teeth amongst 3 and 5 year olds.

Source: [PHE Fingertips - Oral health](https://fingertips.phe.org.uk/search/oral%20health#page/1/gid/1/pat/6/ati/402/are/E09000005/iid/1206/age/1/sex/4/cat/-1/ctp/-1/yrr/3/cid/4/tbm/1)

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| Page 9: Bar Chart |  |  |  |
| **Hospital admission for dental carries, crude rate per 1,000** |  |  |
| Time Period | Brent | London | England |
| 2018/19 - 20/21 | 380.8 | 280.1 | 220.8 |
| Source: PHE Fingertips |   |   |   |

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| Page 9: Waffle Chart |  |  |  |
| **% of 5 year olds with obvious tooth decay** |  |  |  |
| Time Period | Brent | London | England |
| 2018/19 | 40.1 | 27.0 | 23.4 |
| Source: PHE Fingertips |   |   |   |

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| --- | --- | --- | --- |
| Page 9: Line chart |  |  |  |
| **Decayed, missing and filled teeth in 3 year olds** |  |  |  |
| Time Period | Brent | London | England |
| 2012/13 | 0.83 | 0.42 | 0.36 |
| 2019/20 | 0.81 | 0.39 | 0.31 |
| Source: PHE Fingertips |   |   |   |

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| --- | --- | --- | --- |
| Page 9: Line chart |  |  |  |
| **Decayed, missing and filled teeth in 5 year olds** |  |  |  |
| Time Period | Brent | London | England |
| 2014/15 | 1.28 | 1.00 | 0.84 |
| 2016/17 | 1.30 | 0.95 | 0.78 |
| 2018/19 | 1.73 | 0.92 | 0.80 |
| Source: PHE Fingertips |   |   |   |

**Childhood immunisations**

Vaccination is the most important thing we can do to protect ourselves and our children against ill health. They prevent up to 3 million deaths worldwide every year. Since vaccines were introduced in the UK, diseases like smallpox, polio and tetanus that used to kill or disable millions of people are either gone or seen very rarely.

Other diseases like measles and diphtheria have been reduced by up to 99.9% since their vaccines were introduced. In Brent the childhood vaccinations uptake remains lower than those reported for London and England shown by graphs below which display trends of over time for each vaccine uptake at the specified ages. A 95% target of vaccine uptake has been set nationally for each borough to achieve. Having a vaccine also benefits your whole community through "herd immunity". If enough people are vaccinated, it's harder for the disease to spread to those people who cannot have vaccines. For example, people who are ill or have a weakened immune system.

Source: [PHE Fingertips - Immunisations](https://fingertips.phe.org.uk/search/immunisations#page/1/gid/1/pat/6/ati/402/are/E09000005/iid/811/age/173/sex/4/cat/-1/ctp/-1/yrr/1/cid/4/tbm/1)

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| Page 10: Line chart |  |  |  |
| **Immunisations by First birthday in Brent, Proportion (%)** |  |  |
| Time Period | Rotavirus | Dtap IPV Hib | PCV |
| 2017/18 | 85.8 | 90.5 | 90.1 |
| 2018/19 | 85.1 | 89.1 | 88.7 |
| 2019/20 | 84.5 | 88.1 | 88.5 |
| 2020/21 | 84.9 | 86.5 |   |
| 2021/22 | 84.7 | 87.7 |   |
| Source: PHE Fingertips |   |   |   |

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| Page 10: Line chart |  |  |  |  |
| **Immunisations by Second birthday in Brent, Proportion (%)** |  |  |  |
| Time Period | Dtap IPV Hib | Hib and MenC Booster | MMR for one dose | PCV booster |
| 2017/18 | 91.7 | 85.8 | 84.6 | 83.6 |
| 2018/19 | 90.3 | 84.7 | 82.7 | 82.6 |
| 2019/20 | 89.4 | 84.6 | 79.9 | 83.0 |
| 2020/21 | 88.2 | 82.8 | 81.7 | 79.2 |
| 2021/22 | 87.0 | 81.5 | 81.6 | 83.1 |
| Source: PHE Fingertips |   |   |   |   |

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| Page 10: Line chart |  |  |  |
| **Immunisations by Fifth birthday in Brent, Proportion (%)** |  |  |
| Time Period | Dtap IPV Hib | MMR for one dose | MMR for two doses |
| 2017/18 | 83.4 | 91.2 | 82.7 |
| 2018/19 | 80.8 | 90.1 | 79.9 |
| 2019/20 | 80.2 | 89.1 | 79.7 |
| 2020/21 | 77.2 | 86.4 | 76.7 |
| 2021/22 | 76.6 | 87.1 | 76.2 |
| Source: PHE Fingertips |   |   |   |

**A&E admissions**

Accident and Emergency (A&E) admissions for children and young people remain high in Brent. The rate of A&E attendances (under 1 years old) in the graph displayed presents the the crude rate 1,000 population shows that in Brent around 1434 under one year olds annually are attending A&E compared to 1274 for London and 1,000 for England per 1,000 children. Similarly, the rate per 1,000 under 18 population for Brent is also higher when comparing to London and England, 559 under 18s attended A&E per 1,000 population, compared to 475 for London and 415 for England.

The 0-4 A&E attendances show that the trends over time continue to increase.

A&E attendances in children aged under five years are often preventable, and commonly caused by accidental injury or by minor illnesses which could have been treated in primary care.

For more information on A&E admissions at ward level, please refer to the ward profiles: [Ward profiles](https://app.powerbi.com/view?r=eyJrIjoiNTZjOTdlYTItZjIyNi00ZGZlLWE4MWUtYWI1MGM1NTlkZTI5IiwidCI6IjIxODc4N2FiLTM1N2YtNGQ3YS1hZjljLTU4NzBlM2QyZWI4MCIsImMiOjh9&pageName=ReportSection10652085cb335694d32e&pageName=ReportSectionf4102c776edaa41a2df9)

Source: [PHE Fingertips - A&E Attendances](https://fingertips.phe.org.uk/search/A%20and%20E%20attendances#page/1/gid/1/pat/6/ati/402/are/E09000005/iid/90550/age/173/sex/4/cat/-1/ctp/-1/yrr/1/cid/4/tbm/1)

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| --- | --- | --- | --- |
| Page 11: Bar Chart |  |  |  |
| **A&E Attendances (under 1 year), rate per 1,000** |  |  |  |
| Time Period | Brent | London | England |
| 2019/20 | 1434.8 | 1274.6 | 1000.1 |
| Source: PHE Fingertips |   |   |   |

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| --- | --- | --- | --- |
| Page 11: Line Chart |  |  |  |
| **A&E Attendances (0-4 years), rate per 1,000** |  |  |  |
| Time Period | Brent | London | England |
| 2010/11 | 679.8 | 648.4 | 483.9 |
| 2011/12 | 1022.7 | 692.8 | 510.8 |
| 2012/13 | 839.3 | 691.8 | 535.1 |
| 2013/14 | 826.3 | 675.2 | 525.8 |
| 2014/15 | 827.3 | 681.9 | 540.7 |
| 2015/16 | 874.1 | 707.3 | 588.1 |
| 2016/17 | 844.5 | 696.2 | 601.8 |
| 2017/18 | 850.9 | 730.7 | 619.0 |
| 2018/19 | 799.2 | 755.2 | 655.3 |
| 2019/20 | 893.9 | 787.7 | 659.8 |
| Source: PHE Fingertips |   |   |   |

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| --- | --- | --- | --- |
| Page 11: Bar Chart |  |  |  |
| **A&E Attendances (under 18s), rate per 1,000** |  |  |  |
| Time Period | Brent | London | England |
| 2019/20 | 559.4 | 475.2 | 415.6 |
| Source: PHE Fingertips |   |   |   |

**School attainment**

School attainment data by key stages is presented by gender, background, language, special educational needs (SEN) and ethnicity. The proportions that achieve the expected standard are displayed in the graphs below.

Key stage 1, children are assessed at the end of Year 2 accordingly for their attainment in English language, writing, mathematics and science.

Key stage 2, the headline measure for Primary school attainment, children are assessed in Year 6 for reading, writing and mathematics combined.

Key stage 4, pupils take examinations known as GCSEs (General Certificate of Secondary Education). Examinations are taken in National Curriculum subjects.

For more information on Education at ward level, please refer to the ward profiles: [Ward profiles](https://app.powerbi.com/view?r=eyJrIjoiNTZjOTdlYTItZjIyNi00ZGZlLWE4MWUtYWI1MGM1NTlkZTI5IiwidCI6IjIxODc4N2FiLTM1N2YtNGQ3YS1hZjljLTU4NzBlM2QyZWI4MCIsImMiOjh9&pageName=ReportSection10652085cb335694d32e&pageName=ReportSection06d6e6b72aa719029adc)

Source: [Department of Education](https://explore-education-statistics.service.gov.uk/find-statistics?sortBy=newest)

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| Page 12: Bar Chart |
| **% of pupils who achieved the expected standard by gender, 2021/22** |

|  |  |  |  |
| --- | --- | --- | --- |
|  | KS1 | KS2 | KS4 |
| Gender | Brent | England | Brent | England | Brent | England |
| Male | 50.0 | 49.2 | 56.5 | 54.6 | 50.6 | 46.4 |
| Female | 58.2 | 57.7 | 68.5 | 63.1 | 54.4 | 51.5 |
| Source: Brent council Education team |   |   |   |   |   |   |

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| Page 12: Bar Chart |
| **% of pupils who achieved the expected standard by background, 2021/22** |

|  |  |  |  |
| --- | --- | --- | --- |
|  | KS1 | KS2 | KS4 |
| Background | Brent | England | Brent | England | Brent | England |
| Non Disadvantaged | 56.1 | 58.4 | 66.5 | 65.2 | 55.3 | 52.9 |
| Disadvantaged | 44.2 | 36.9 | 50.3 | 43.0 | 44.4 | 37.5 |
| Source: Brent council Education team |   |   |   |   |   |   |

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| Page 12: Bar Chart |
| **% of pupils who achieved the expected standard by language, 2021/22** |

|  |  |  |  |
| --- | --- | --- | --- |
|  | KS1 | KS2 | KS4 |
| Language | Brent | England | Brent | England | Brent | England |
| Non EAL | 58.1 | 53.4 | 63.1 | 58.2 | 54.4 | 48.4 |
| EAL | 51.0 | 53.1 | 61.8 | 60.7 | 50.9 | 51.3 |
| Source: Brent council Education team |   |   |   |   |   |   |

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| Page 12: Bar Chart |
| **% of pupils who achieved the expected standard by SEN, 2021/22** |

|  |  |  |  |
| --- | --- | --- | --- |
|  | KS1 | KS2 | KS4 |
| Special Educational Needs (SEN) | Brent | England | Brent | England | Brent | England |
| EHCP | 4.9 | 6.5 | 8.5 | 7.2 | 12.0 | 14.3 |
| Non SEN | 61.4 | 61.1 | 70.3 | 68.8 | 55.9 | 52.5 |
| SEN Support | 24.8 | 17.1 | 31.8 | 21.1 | 38.6 | 34.8 |
| Source: Brent council Education team |   |   |   |   |   |   |

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| Page 12: Bar and Line Chart |
| **% of pupils who achieved the expected standard by ethnicity, 2021/22** |

|  |  |  |  |
| --- | --- | --- | --- |
|  | KS1 | KS2 | KS4 |
| Ethnicity | Brent | England | Brent | England | Brent | England |
| Any Other Asian Background | 58.4 | 57.7 | 68.6 | 66.7 | 57.1 | 57.8 |
| Any Other Black Background | 42.9 | 50.9 | 68.8 | 55.9 | 43.3 | 47.1 |
| Any Other Ethnic Group | 43.3 | 48.1 | 51.2 | 54.8 | 49.7 | 50.8 |
| Any Other Mixed Background | 59.7 | 57.9 | 58.3 | 63.5 | 47.6 | 51.4 |
| Any Other White Background | 52.3 | 53.7 | 60.5 | 60.3 | 50.0 | 51.0 |
| Bangladeshi | 70.6 | 57.1 | 85.0 | 67.5 | 57.6 | 55.0 |
| Black African | 50.4 | 55.8 | 61.7 | 61.8 | 51.3 | 51.2 |
| Black Caribbean | 44.5 | 46.1 | 49.8 | 48.8 | 39.7 | 41.9 |
| Chinese | 71.4 | 70.6 | 60.0 | 70.6 | 66.1 | 67.0 |
| Gypsy / Roma | 33.3 | 15.7 | 0.0 | 15.8 | 35.0 | 22.2 |
| Indian | 61.9 | 66.9 | 64.7 | 73.3 | 55.5 | 61.4 |
| Pakistani | 55.8 | 50.6 | 64.4 | 58.1 | 52.9 | 49.1 |
| Traveller of Irish Heritage | 0.0 | 15.8 | 0.0 | 14.6 |   |   |
| White - British | 64.5 | 53.1 | 68.2 | 57.5 | 60.4 | 47.7 |
| White - Irish | 63.0 | 56.8 | 69.6 | 61.4 | 47.7 | 54.3 |
| White and Asian | 47.9 | 63.0 | 70.7 | 67.9 | 57.3 | 54.7 |
| White and Black African | 51.1 | 55.0 | 64.3 | 60.9 | 53.0 | 49.0 |
| White and Black Caribbean | 71.2 | 45.6 | 65.3 | 49.3 | 45.3 | 42.0 |
| Source: Brent council Education team |   |   |   |   |   |   |

**Childhood obesity**

The proportion of children classified as overweight or very overweight (obesity) and living with obesity is higher for Year 6 children than for Reception years in Brent. In Brent, whilst the proportions of overweight are now showing a decreasing trend overall, the proportion of children classified as very overweight (obese) remain higher in Year 6 pupils attending Brent schools. When compared to other boroughs, in northwest London the trend for overweight and very overweight remain lower than most boroughs for children in Reception year but for Year 6 children it still remains high.

There is concern about the rise of very overweight levels (obesity) and the implications of obesity persisting into adulthood. The risk of obesity in adulthood and risk of future obesity-related ill health are greater as children get older.

For more information on obesity at ward level, please refer to the ward profiles: [Ward profiles](https://app.powerbi.com/view?r=eyJrIjoiNTZjOTdlYTItZjIyNi00ZGZlLWE4MWUtYWI1MGM1NTlkZTI5IiwidCI6IjIxODc4N2FiLTM1N2YtNGQ3YS1hZjljLTU4NzBlM2QyZWI4MCIsImMiOjh9&pageName=ReportSection10652085cb335694d32e&pageName=ReportSectionb578dcd3b880a68596e7)

Source: [NCMP](https://digital.nhs.uk/data-and-information/publications/statistical/national-child-measurement-programme#past-publications)

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| Page 13: Line Chart |  |  |  |
| **Prevalence of overweight in reception, Proportion (%)** |  |  |  |
| Time Period | Brent | London | England |
| 2017/18 | 14.7 | 11.7 | 12.8 |
| 2018/19 | 12.8 | 11.6 | 12.9 |
| 2019/20 | 10.1 | 11.6 | 13.1 |
| 2021/22 | 9.4 | 11.1 | 12.1 |
| Source: PHE Fingertips |   |   |   |

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| Page 13: Bar Chart |
| **Prevalence of overweight in reception in NWL, Proportion (%)** |

|  |  |
| --- | --- |
| NWL boroughs | 2021/22 |
| Ealing | 10.2 |
| Hammersmith & Fulham | 11.6 |
| Harrow | 10.4 |
| Hillingdon | 11.1 |
| Hounslow | 10.4 |
| Kensington & Chelsea | 12.3 |
| Westminster | 13.9 |
| NWL | 11.2 |
| Source: PHE Fingertips |  |

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| --- | --- | --- | --- |
| Page 13: Line Chart |  |  |  |
| **Prevalence of overweight in Year 6, Proportion (%)** |  |  |  |
| Time Period | Brent | London | England |
| 2017/18 | 15.6 | 14.6 | 14.2 |
| 2018/19 | 15.7 | 14.7 | 14.1 |
| 2019/20 | 15.0 | 14.6 | 14.1 |
| 2021/22 | 13.3 | 14.7 | 14.3 |
| Source: PHE Fingertips |   |   |   |

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| Page 13: Bar Chart |
| **Prevalence of overweight in Year 6 in NWL, Proportion (%)** |

|  |  |
| --- | --- |
| NWL boroughs | 2021/22 |
| Ealing | 14.7 |
| Hammersmith & Fulham | 16.2 |
| Harrow | 14.5 |
| Hillingdon | 16.2 |
| Hounslow | 14.5 |
| Kensington & Chelsea | 13.4 |
| Westminster | 16.8 |
| NWL | 14.9 |
| Source: PHE Fingertips |  |

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| --- | --- | --- | --- |
| Page 13: Line Chart |  |  |  |
| **Prevalence of very overweight (obesity) in Reception, Proportion (%)** |  |  |
| Time Period | Brent | London | England |
| 2017/18 | 13.9 | 10.1 | 9.5 |
| 2018/19 | 12.5 | 10.2 | 9.7 |
| 2019/20 | 11.1 | 10.0 | 9.9 |
| 2021/22 | 10.0 | 10.8 | 10.1 |
| Source: PHE Fingertips |   |   |   |

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| --- |
| Page 13: Bar Chart |
| **Prevalence of very overweight (obesity) in Reception in NWL, Proportion (%)** |

|  |  |
| --- | --- |
| NWL boroughs | 2021/22 |
| Ealing | 10.9 |
| Hammersmith & Fulham | 9.8 |
| Harrow | 9.1 |
| Hillingdon | 10.8 |
| Hounslow | 11.8 |
| Kensington & Chelsea | 9.8 |
| Westminster | 12.4 |
| NWL | 10.6 |
| Source: PHE Fingertips |  |

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| --- | --- | --- | --- |
| Page 13: Line Chart |  |  |  |
| **Prevalence of very overweight (obesity) in Year 6, Proportion (%)** |  |  |
| Time Period | Brent | London | England |
| 2017/18 | 27.8 | 23.1 | 20.1 |
| 2018/19 | 26.0 | 23.2 | 20.2 |
| 2019/20 | 25.2 | 23.7 | 21.0 |
| 2021/22 | 27.1 | 25.8 | 23.4 |
| Source: PHE Fingertips |   |   |   |

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| --- |
| Page 13: Bar Chart |
| **Prevalence of very overweight (obesity) in Year 6 in NWL, Proportion (%)** |

|  |  |
| --- | --- |
| NWL boroughs | 2021/22 |
| Ealing | 26.2 |
| Hammersmith & Fulham | 21.4 |
| Harrow | 25.1 |
| Hillingdon | 25.6 |
| Hounslow | 28.3 |
| Kensington & Chelsea | 23.9 |
| Westminster | 30.1 |
| NWL | 25.6 |
| Source: PHE Fingertips |  |

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| --- | --- | --- | --- |
| Page 13: Line Chart |  |  |  |
| **Prevalence of overweight & obesity in Reception, Proportion (%)** |  |  |
| Time Period | Brent | London | England |
| 2017/18 | 28.5 | 21.8 | 22.4 |
| 2018/19 | 25.3 | 21.8 | 22.6 |
| 2019/20 | 21.3 | 21.6 | 23.0 |
| 2021/22 | 19.4 | 21.9 | 22.3 |
| Source: PHE Fingertips |   |   |   |

|  |
| --- |
| Page 13: Bar Chart |
| **Prevalence of overweight & obesity in Reception in NWL, Proportion (%)** |

|  |  |
| --- | --- |
| NWL boroughs | 2021/22 |
| Ealing | 20.9 |
| Hammersmith & Fulham | 21.4 |
| Harrow | 19.4 |
| Hillingdon | 21.8 |
| Hounslow | 22.2 |
| Kensington & Chelsea | 22.1 |
| Westminster | 26.8 |
| NWL | 21.9 |
| Source: PHE Fingertips |  |

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| --- | --- | --- | --- |
| Page 13: Line Chart |  |  |  |
| **Prevalence of overweight & obesity in Year 6, Proportion (%)** |  |  |
| Time Period | Brent | London | England |
| 2017/18 | 43.4 | 37.7 | 34.3 |
| 2018/19 | 41.7 | 37.9 | 34.3 |
| 2019/20 | 40.1 | 38.2 | 35.2 |
| 2021/22 | 40.3 | 40.5 | 37.8 |
| Source: PHE Fingertips |   |   |   |

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| --- |
| Page 13: Bar Chart |
| **Prevalence of overweight & obesity in Year 6 in NWL, Proportion (%)** |

|  |  |
| --- | --- |
| NWL boroughs | 2021/22 |
| Ealing | 40.9 |
| Hammersmith & Fulham | 37.6 |
| Harrow | 39.6 |
| Hillingdon | 41.7 |
| Hounslow | 42.8 |
| Kensington & Chelsea | 37.3 |
| Westminster | 46.9 |
| NWL | 40.5 |
| Source: PHE Fingertips |  |

**Physical activity**

The UK Chief Medical Officer recommend that children and young people (5 to 18 years) are physically active for an average of at least 60 minutes per day across the week.

Although recent data shows that the trend is increasing the proportion of physical active children and young people in Brent remains lower than London and England. In Brent the recent data shows that around 41.5% of children and young people are active compared to 44.4% for London and 44.6% for England.

Regular moderate to vigorous physical activity (MVPA) improves health and fitness, strengthens muscles and bones, develops coordination, maintains healthy weight, improves sleep, makes you feel good, builds confidence and social skills and improves concentration and learning. Good physical activity habits established in childhood and adolescence are also likely to be carried through into adulthood.

Source: [PHE Fingertips - Physical activity](https://fingertips.phe.org.uk/search/physical%20activity#page/1/gid/1/pat/6/ati/402/are/E09000005/iid/91494/age/44/sex/4/cat/-1/ctp/-1/yrr/1/cid/4/tbm/1)

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| Page 14: Line Chart |  |  |  |
| **Percentage of physically active young people and children, Proportion (%)** |  |
| Time Period | Brent | London | England |
| 2017/18 | 47.9 | 43.3 | 43.3 |
| 2018/19 | 34.1 | 46.1 | 46.8 |
| 2019/20 |   | 41.9 | 44.9 |
| 2020/21 | 41.5 | 44.4 | 44.6 |
| Source: PHE Fingertips |   |   |   |

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| Page 14: Bar Chart |  |  |  |
| **Percentage of 15 year olds who are physically active, Proportion (%)** |  |  |
| Time Period | Brent | London | England |
| 2014/15 | 9.9 | 11.8 | 13.9 |
| Source: PHE Fingertips |   |   |   |

**Mental health**

One in ten children aged 5-16 years has a clinically diagnosable mental health problem and, of adults with long-term mental health problems, half will have experienced their first symptoms before the age of 14.

Hospital admissions per 100,000 population for mental health conditions in the under 18s in Brent, are lower than the England average for the latest data shown, but higher than London. The proportions of school children with social, emotional, and mental health needs are similar to London and England.

Overall, the impacts of mental health in terms of trends in new referrals to secondary mental health services and inpatient admissions are lower than the London and England averages, however work around Mental Health in Children and Young people remains a priority area in Brent.

Source: [PHE Fingertips - Mental health](https://fingertips.phe.org.uk/search/mental%20health#page/1/gid/1/pat/6/ati/402/are/E09000005/iid/10602/age/208/sex/4/cat/-1/ctp/-1/yrr/1/cid/4/tbm/1)

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| Page 15: Bar Chart |  |  |  |
| **Hospital admissions for mental health conditions (Under 18 years old), rate per 100,000** |
| Time Period | Brent | London | England |
| 2020/21 | 64.2 | 61.3 | 87.5 |
| Source: PHE Fingertips |   |   |   |

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| Page 15: Waffle chart |  |  |  |
| **Percentage of school pupils with social, emotional and mental health needs, Proportion (%)** |
| Time Period | Brent | London | England |
| 2021 | 2.3 | 2.5 | 2.8 |
| Source: PHE Fingertips |   |   |   |

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| Page 15: Line Chart |  |  |  |
| **New referrals to secondary mental health services (Under 18 years old), rate per 100,000** |
| Time Period | Brent | London | England |
| 2017/18 | 3348.8 | 3964.3 | 4834.4 |
| 2018/19 | 4748.8 | 4574.9 | 5994.2 |
| 2019/20 | 3583.7 | 4638.9 | 6977.4 |
| Source: PHE Fingertips |   |   |   |

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| Page 15: Line Chart |  |  |  |
| **Inpatient stays in secondary mental health services (Under 18 years old), rate per 100,000** |
| Time Period | Brent | London | England |
| 2017/18 |   | 32.7 | 55.0 |
| 2018/19 | 49.3 | 44.7 | 57.6 |
| 2019/20 | 25.7 | 38.3 | 53.2 |
| Source: PHE Fingertips |   |   |   |